

**Wellbeing and behaviour Service / Cynnydd offer**

**Training 2023 – 2024:**

<b>Social, Emotional and Behavioural Difficulties</b>	
<b>Title/Focus</b>	<b>Target Audience</b>
<p><b>Working with Children with Social, Emotional and Behavioural Difficulties</b> (including de-escalation)</p> <p><i>* opportunity to discuss individual cases.</i></p>	<p><b>Primary &amp; Secondary School Staff</b></p>
<p><b>Attachment Awareness:</b> Practical guidance on how to support pupils with attachment difficulties.</p> <p><i>* opportunity to discuss individual cases.</i></p>	<p>Primary and secondary school staff.</p>
<p><b>Relationship Based Play</b></p> <p><i>(Please ensure you have completed Attachment training prior to attending)</i></p>	<p>Staff working with primary and secondary school age children</p>

<b>Training available on request- all training (except Forest School level 3) can be delivered on an Inset or over ADDs.</b>	
<p><b>Trauma Informed Approaches:</b> To develop a wider knowledge of embedding Trauma Informed Approaches in school settings.</p>	All Staff- Whole School Approach
<p><b>Boxall Profile &amp; Nurture:</b> An introduction to Boxall Profile and Nurture (including online version). This will include completing a Boxall profile, we have a case study but it would be more useful to have a pupil from your school in mind when attending so you have a profile to take away.</p> <p>This can be delivered as a bespoke ADDS training session.</p>	Primary and secondary school staff.
<p><b>Emotion Coaching:</b> Practical guidance on how to support pupils, particularly at times of heightened emotion, to become more aware of their feelings, manage emotions and to guide and teach them about more effective responses.</p> <p>This can be delivered as a bespoke/whole school ADDS training session.</p>	Primary and secondary school staff.
<p><b>Restorative Approaches:</b> How to use restorative approaches in a school setting to respond to and prevent behaviour.</p> <p>Where possible trauma training should be completed prior to this, this could be delivered as part of a package.</p>	All staff- whole schools training
<b>Team Teach</b>	Blended Learning Whole School Training

<p><b>Youth Mental Health First Aid (YMHFA):</b></p> <p>Accredited training based on international MHFA guidelines. It will teach you the skills and confidence to spot the signs of mental health issues in young people, assist them and guide them towards the support they need.</p> <p>Topics covered include: Depression, anxiety problems, eating disorders, psychosis, substance use problems, suicidal thoughts and behaviours, non-suicidal self-injury, panic attacks, traumatic events, severe psychotic states, severe effects from alcohol or other drug use &amp; aggressive behaviours.</p>	Blended Learning
<p><b>Introduction to Outdoor Learning</b></p> <p>This 3-hour training course aims to introduce outdoor training for all staff. Following the retrieval of the basic outdoor kit, we are offering additional training demonstrating how the resources can be utilised and adapted for children and young people of all ages using your own school site.</p>	
<p><b>Forest School Leader Level 3</b></p> <p>An 8 day training course, consisting of a nationally recognised qualification through Agored Cymru, for people who wish to become a Forest School Leader within their educational setting and set up Forest School programmes. The training includes both theory and practical sessions.</p> <p>Participants are required to complete a portfolio of work following the training, comprising 5 units relating to Forest School (equating to approx. 110 hours of self-directed study).</p> <p>The training will enable and give you the skills and understanding of:</p> <ul style="list-style-type: none"> <li>• Learning theories, play and development and issues that can impact behaviour.</li> </ul>	

<ul style="list-style-type: none"> <li>• Understating of how holistic development, self-confidence and emotional literacy are supported by outdoor learning</li> <li>• Understanding of the ecology of a natural learning environment and the sustainable use of natural resources</li> <li>• Ability to assess and evaluate outdoor learning programmes</li> <li>• Ability to teach practical tasks such as using hand tools, tying knots, build shelters and managing a campfire</li> <li>• Ability to produce all the policies, procedures and strategies required for setting up a forest school.</li> </ul> <p><b><i>*A basic first aid qualification is essential before starting this training.</i></b> *Those who have previously attended this training, need not attend again</p>	
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Additional training offered	Target audience
<p><b>Re-think project</b></p> <p>6 sessions based around consequential and risky behaviour, including themes around gangs, substance awareness etc.</p>	<p>Small groups in a secondary school setting.</p>
<p><b>NQT training</b></p> <p>Social Emotional and Behavioural Awareness</p>	<p>Newly qualified staff</p>

<p><b>Motional pilot</b></p> <p>An assessment tool designed to understand and support the evolving needs of children who are experiences social, emotional and behavioural difficulties.</p>	<p>All comprehensive schools and specialist SEBD provisions.</p>
<p><b>Nurture pilot</b></p>	<p>Providing guided support to establish or develop existing nurture provisions for Nursery to year two pupils. This early intervention model is for children who are identified as benefitting from further support to develop their social and emotional skills. The aim of the Nurture class is to provide a focused intervention for children to support them in areas which could otherwise become long term barriers to their learning and attainment.</p> <p>An extended arm to this pilot is additional family support and training as well as Filial therapy.</p>
<p><b>Positive behaviour strategies</b></p>	<p>A training package to raise staff awareness on the concept of behaviour, understanding how it occurs and what strategies can be used to support. This can be offered to SMT, ADDs and workshops.</p>

<p><b>Other services we have trained /plan to train :</b></p>	
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<b>Foster carer training</b>	SEBD and Restorative conversation
<b>Youth service</b>	SEBD and Trauma informed
<b>Social Services</b>	Forest school
<b>EWS</b>	Youth mental health first aid and trauma informed

**Consultation offers:**

<b>Level A</b>	Initial consultations to discuss themes, training needs and general behavioural strategies.
<b>Level B</b>	In-depth, individual consultations with staff for pupils who are experiencing social, emotional and behavioural difficulties. This allows WBS officers to capture relevant information, provide behavioural related strategies and advice to formulate reports.
<b>Level C</b>	Direct work with individual pupils and or groups. This can include attendance in PCR's, social service meetings, PSP meetings etc.
<b>EHPW</b>	A forum to provide staff with a safe platform to discuss systemic issues, developing their knowledge around Mental Health/Mental Illness

**Cynnydd offer:**

<b>Cynnydd</b>	Cynnydd Youth Engagement workers are embedded within NPT secondary schools and specialist SEBD provisions which ensures they are accessible to provide high quality personal support and guidance, along with the ability to be able to respond to need. Every young person has a person centred, high quality action plan. An evidence based self-efficacy measure of social and emotional capabilities is used to enable the development of the action plan and for the young person to see distance travelled and understand their strengths. Nearly all young people show an improvement in this measure
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**Early intervention panel offer:**

<b>Early Intervention Panel</b>	A direct educational link to the early intervention panel, allowing a key staff member to gather relevant information and providing appropriate sign posting to support children, young people and families.
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